

Yoga classes will continue up to and including Tuesday 24th December.

The Centre will close Christmas day and Boxing day

Our annual Christmas intensive will run from Friday 27th through to 30th December (4 Days)

Time: 8.30am -10.15am - Cost:\$130 GST Incl. Booking is essential

Tuesday 31st December will be a restorative class 8.30am -10.00am all level students are welcome to attend, Booking is essential.

New Years Day - closed

January classes: 4th to 18th January inclusive

Saturday 8.30-10.00am and 4.00-5.30pm

Monday 9.30-11.00 and 6.00-7.30pm

Tuesday 9.30-11.00am

Wednesday 6.00-7.30pm

Thursday 9.30-11.00am

January 20th our regular class schedule resumes.

Kind Regards,

Christine, Sue, June.